



The Living Light Cards

**A Card Deck of Rare and Ancient Symbols
For Initiation, Inner Growth
And Infinite Possibilities**

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Welcome to the Living Light Cards!

The Living Light Symbols are older than history. They originate in realms of pure disembodied consciousness. As light expresses its memory, it may take on the form of living symbols. When it does, each symbol is a complete library of teachings, of remembering aspects about ourselves and complete teachings about different subjects. Sometimes the symbols are expressed as geometric gateways as well.

When combined, the energy of the symbols expands exponentially and they take on the identity of greater concepts and are formulas to reinitiate us to unencumbered perceptions of what it is to be part of the light of our source without all of the defenses, misperceptions, the drama and trauma that clouds our ability to see the truth in everyday life.

These cards can be used as daily lessons, for divination and even for healing on levels we do not cognitively understand. The symbols enter our own light fields and infuse us with information, healing, harmonization and attunements far beyond what we can yet measure.

Within this set of instructions are suggestions for layouts and uses for the cards individually and in sets. Do not feel limited to these suggestions. If you are guided to lay them out differently, then please, go with your guidance. The Living Light has no boundaries and neither should we when we use the cards.

Where did the symbols come from? How do we know the meaning of them? In my own personal journey, I began to see the symbols, project my consciousness through them and to draw them onto the bodies of my clients with amazing results. Sometimes the symbols would begin to rain down on me, or my clients and me, as seemingly endless expressions of creation. I noticed that when this happened, great awakenings began to happen to my clients. Not only that, but their illnesses and pain became better if not gone altogether. Each symbol or combination of symbols contains a set or sets of frequencies that seem to apply to particular aspects of the Etheric anatomy or to the intentions set forward in our sessions.

A few years after I began to experience the symbols, which I have always called the Living Light Language, I stumbled across the **Gospel of Truth** in the **Nag Hammadi Gospels**. In this ancient text is a description of the living symbols. I was stunned to realize that someone, thousands of years ago, was having similar experiences to mine! Here is an excerpt from THE Gnostic Society Library, **The Nag Hammadi Library, The Gospel of Truth, Translated by Robert M. Grant:**

"...Those whose name he knew first were called last, so that the one who has knowledge is he whose name the Father has pronounced. For he whose name has not been spoken is ignorant.

Indeed, how shall one hear if his name has not been uttered? For he who remains ignorant until the end is a creature of forgetfulness and will perish with it. If this is not so, why have these wretches no name, why do they have no sound? Hence, if one has knowledge, he is from above. If he is called, he hears, he replies, and he turns toward him who called him and he ascends to him and he knows what he is called. Since he has knowledge, he does the will of him who called him. He desires to please him and he finds rest. He receives a certain name. He who thus is going to have knowledge knows whence he came and whither he is going. He knows it as a person who, having become intoxicated, has turned from his drunkenness and having come to himself, has restored what is his own.

*He has turned many from error. He went before them to their own places, from which they departed when they erred because of the depth of him who surrounds every place, whereas there is nothing which surrounds him. It was a great wonder that they were in the Father without knowing him and that they were able to leave on their own, since they were not able to contain him and know him in whom they were, for indeed his will had not come forth from him. **For he revealed it as a knowledge with which all its emanations agree, namely, the knowledge of the living book which he revealed to the Aeons at last as his letters, displaying to them that these are not merely vowels nor consonants, so that one may read them and think of something void of meaning; on the contrary, they are letters which convey the truth. They are pronounced only when they are known. Each letter is a perfect truth like a perfect book, for they are letters written by the hand of the unity, since the Father wrote them for the Aeons, so that they by means of his letters might come to know the Father.***

While his wisdom mediates on the logos, and since his teaching expresses it, his knowledge has been revealed. His honor is a crown upon it. Since his joy agrees with it, his glory exalted it. It has revealed his image. It has obtained his rest. His love took bodily form around it. His trust embraced it. Thus the logos of the Father goes forth into the All, being the fruit of his heart and expression of his will. It supports the All. It chooses and also takes the form of the All, purifying it, and causing it to return to the Father and to the Mother, Jesus of the utmost sweetness. The Father opens his bosom, but his bosom is the Holy Spirit...

Upon reading this I was both awed and relieved! Someone, somewhere, thousands of years ago not only knew about the symbols, they, too experienced them!

After I began to have a sense of the meanings of the symbols I started sharing them in my classes and workshops as well as in my Online Messages, which I have sent out for over a decade. I had no idea how the introduction of these symbols would impact my audiences. What happened next was the true revelation. People began to print them out from my web site and tape them up all over their homes. They put them in their cars, their wallets, at work, everywhere that they spend time. I have received countless e-mails requesting more, or a set of the symbols with which people can work. The requests have been overwhelming.

As a result of the requests I began to develop this deck of cards adding new symbols as I encountered and comprehended them. Each card is a symbol or combination of symbols with the language of light as well as an earthly interpretation of the concept of each symbol.

The cards have several subsets within the complete set. There are the individual symbols, each with a profound meaning. The combinations or multi-symbols cards are full concepts. There are the gateway cards, each of which are literal doorways to the infinite consciousness, and there are the cards of body harmonics, each having a specific placement for healing as well as a harmonic purpose.

My audiences have commented over and over again that the effects of the energy that comes from the symbols are often so profound that it leaves them at once with full body recognition of information that they can't quite grasp cognitively, but the knowing is there. They were often left speechless because of the profundity of what they experience with each symbol. Now you can experience them too.

The possibilities of what can happen with these symbols are infinite. They are absolutely not meant to be limited by only their stated meanings. They are much more than a word or a statement, but we have to start somewhere!

Approach the Living Light with an open heart, with no preconceptions, and let them speak to you. As you experience each symbol, you, and the light that is within you, are becoming initiated. Each initiation changes your vibrational frequencies. As you experience each card or combination of cards, you are becoming attuned to higher and higher frequencies and in turn the light within you responds. In a way, each one is a little step toward the Ascension of our complete being. Try not to take the cards too literally, but more as little guides to help you in your journey.

As with the Tarot Deck, there is a Major Arcana and a Minor Arcana. Each card of the Major Arcana is a full library. The minor Arcana are individual symbols, each filled with possibilities.

To interpret each card, I have given the best conceptual meaning to each and then its opposite when the card comes up inverted, or contrary. An opposite position is not necessarily a negative guidance, simply a different perception of the concept. These meanings are only the beginning. As you experience these living symbols, information may come to you as feelings, impressions, visions, knowings or intuitions. Go with that because when taken too literally the meanings of the symbols are no longer truth.

I have provided suggested layouts later in the booklet that are based upon the true concepts of sacred geometry. The cards can also be used in Tarot layouts. Whatever they bring to you, the Living Light is pure unadulterated truth that will infuse your body with knowledge that you may not even recognize until some later time when it comes forward just at the perfect moment when you needed it.

Blessings, Grace and Peace, Dr. Meg (Meg Blackburn Losey, Ph.D.)

The Major Arcana of the Living Light

1. **Beginning:** In all of creation there is genesis, or beginning. There never was only one beginning; there have been many as Creation reinvents itself. If you have chosen this card it is time for you to shed your old ways, the perceptions that keep you earthbound, and let yourself be carried into a new and different direction. You are on the precipice of new and wondrous direction in your journey.

Contrary: New beginnings are awaiting you, yet you resist. Remaining stuck in comfortable discomfort does not allow your soul the freedom you seek. Honestly look at what is keeping you in place. Face it; own it then let it go. There is great potential for possibilities that will open for you when you let them.

2. **The Wisdom of the Whole:** You have the ability to draw whatever resources you need from the infinite. You are never separate from the creative consciousness. Let yourself be guided, free from all preconceptions.

Contrary: You tend to resist your guidance, often taking the safe choices instead. Open yourself to the possibility that within you and around you are unlimited options that can factor to the perfect solution.

3. **Infinite Possibilities:** There is never only one answer to any question. Listen deeply to the light within you. That light carries the memories of all time and brings to you the awareness that beyond any singular solution there are more questions and more solutions. Your choices are driven by your questions. Request what you need, what you want, and the solutions will unveil themselves.

Contrary: You have become caught in a conundrum, even single minded in your beliefs that there are no answers to the question at hand. Separate yourself from the emotions of the moment and allow yourself to open to the possibility that answers exist beyond your current perception. They are there if you look.

4. **Completion:** The situation is complete. It has come to fullness. Like a ripened fruit it is at its prime and then devoured, complete in its cycle. Allow the situation to be what it is. Now is the time to choose a different path, a different road to new and different situations or to choose to remain with the situation as it is.

Contrary: You are trying to force something that is not truth because you want to believe that it is what it is not. When you impose your will on a situation the energies become dense and the reality cannot become what you intend. Maybe it never was.

5. **Co-creation:** Your resources are unlimited and you know how to draw them in. With the power of all creation working with you there is nothing that you cannot accomplish, create or fulfill. To do this, know that you never work alone and that the complete power of creation is at your disposal.

Contrary: Trying to create something as an individual who does not believe anyone or anything can do it better keeps you isolated in every manner of the word. Your sense of control is part of the illusion. In creation, all answers and solutions are provided when you are open to them. Remember that when you consider another's opinion or perception your options for an outcome are magnified exponentially.

6. **Continuity:** The essence of creation is that it constantly regenerates itself. At the most basic level, nothing ever dies it just changes form. In its regeneration, the light remembers every aspect of its history. Nothing is isolated from the whole. Each and every remembering is woven together as a singular continual reality that becomes this now. Know that whatever the situation, there is constancy in your journey and in fact in your very being. Constancy has ebbs and flows, but some things will always remain the same.

Contrary: You are allowing the patterns in your life to dictate your experiences. This is like being caught in a loop that has no end. In order to experience your continuity you must first get out of the loop. Choose differently when the problem presents again and the pattern will be broken.

7. **Assimilation:** You are excelling at bringing together your then and now as your aspects from dimension to dimension have aligned and harmonized. Celebrate your wholeness.

Contrary: The disappointments, resentments, fear and pain that you carry from your past are keeping you from a sense of fullness, happiness and wholeness. Accept those historic parts of you that were that you had set aside. Let yourself know that whatever it was, it was. Embrace those parts of you with unconditional acceptance.

8. **Chaos to Change:** In your near future chaos will occur, shaking you out of your safe zone and into uncharted territory. Do not resist these changes. Instead, ride the waves of chaos and they will take you safely to your new experiences. The result of chaos is always magnificence.

Contrary: You resist change as a matter of course, rarely giving the unknown a chance to convince you of its positive outcomes. Stop resisting and let the infinite guide your way. If you don't, the chaos will ultimately wreak havoc shaking you out of your complacency.

9. **The Infinite:** Everything that is, was or could possibly be exists in every moment. All that you ever need is available to you. You are an intricate part of all creation, perfectly and uniquely harmonized to immeasurable possibilities, communicating boldly, and you are being heard.

Contrary: Your ego wants you to be singularly considered, proud, and convinced that you as an individual are doing a great job. Consider the fact that everything that you do, every thought, movement, emotion, word - in fact any energy that you express at all affects the entirety. It isn't always just about you.

10. **Questions:** You are a cosmic explorer. Leaving no stone unturned when considering the possibilities of a situation. Questions are the impetus for the consideration of alternate realities and possibilities. By remembering to constantly question...everything... you remain unlimited in your journey.

Contrary: You are being easily led down paths that are not your own. Remember that everyone dictates from their unique experience and perceptions and that those perceptions are not always truth, they are part of the illusion. Seek the truth in every situation. Ask your own questions and trust your answers.

11. **The Warrior's Shield:** You are a warrior of spirit, destined to stand up for your beliefs and those of others that you consider truth. Remember that no war is ever won when fought with negative forces. Use the light and it will guide you to victory in every matter. True power is gentle power, that which is of the heart and not of aggression.

Contrary: You have trouble standing up for what you believe in. Perhaps this is because you do not fully believe in yourself or feel safe to express the truth that is within you. When you do this, your integrity of self becomes out of balance. Start by telling yourself the truth about everything even when you don't want to. Do not fear aggression. Meet it with your truth, unwavering in integrity.

12. **The Healer:** You have natural abilities toward healing of self, situations and others. True healing never comes from an individual but from the flow of Grace. A master healer knows that this Grace will find its way, knowing where the healing is needed and that the outcome is completely up to how the Grace is accepted, received and applied.

Contrary: There are parts of you that remain injured, choosing to remain in pain, ignored or unacknowledged. You cannot release what you have not yet owned. Acknowledge those parts of you and be grateful for their experiences so that you can move from pain to wisdom of experience.

13. **The Body Galactic:** There are parts of you that live simultaneously past present and future. They exist outside of time and space. They are enthusiastic travelers into the unknown, willing participants in experience and knowledge of all kinds. When you are in balance your Galactic body is working in every glint of a moment to bring you infinite awareness of worlds beyond your comprehension. This card works well in hand with the Warrior's shield. Those having both cards in a layout are unstoppable in their quests.

Contrary: Part of you has chosen the easier path believing that ignorance is bliss. Find your spontaneity and let yourself travel in body mind and spirit into the unknown where you will find exactly what you seek.

14. **The Light Body (Soul):** This card indicates a dedicated seeker of truth and knowledge. This body is your true self, unlimited by mass or density, free of boundaries and limitations. It is the body with which you travel in your dreams and that has filled your physical being with the very life that you live. If you have drawn this card, it is an indication that you are at a

pinnacle of your existence ready to fly beyond the known. All it takes to begin your journey is a leap of faith.

Contrary: You have forgotten your freedom as a soul who has traveled from lifetime to lifetime, creating opportunities to feel, to love to learn, to experience everything that is tactile and that which is intangible. Your only limitation is the belief that you are merely physical. In your dreams as a child you flew and then you fell as you began to believe the physical was all you were. That was when untruth became your reality. You can fly without falling anytime you are ready.

15. **The Body Unified:** This set of symbols represents the marriage of your humanity with your divinity. You have found balance with all of your aspects, including both your human and divine selves. You have harmonized and energized your energy field as a human being with all of your physical as well as your multi-dimensional energy fields and you have locked in the balance. You are eternally harmonized and open to a continuous flow of information and energy.

Contrary: You have not yet considered or allowed that the balance of body mind and spirit are connected infinitely in your experience as a soul. You seek your divinity as if it were a separate thing from you. You often struggle with your body, your thoughts or your spiritual nature believing that one or the other or all need to be healed. Look again. You are inherently perfect. All else is perception.

16. **The Ascension Body:** When the body, mind and spirit come into full balance and we are free enough to access our ability to reach into higher levels of consciousness certain changes occur in our bodies. The higher consciousness expands our subtle energy field and that in turn speak to our DNA, which also expands. As this occurs there comes a moment of unification of all our energy fields that shifts us into ascension mode. From there we can return into the infinite at will. If you drew this card, you are either moving in your ascension process or you are hovering just outside the realms of the infinite. Make that leap. There is nothing to lose and everything to gain.

Contrary: Perhaps your mind believes in Ascension, but your heart has not connected with the fact that you are a being of the light. Do not resist in separateness but instead work from within the One, not at it. By allowing yourself to become immersed beyond your thinking mind and into unlimited consciousness you can find freedom beyond your imaginings.

17. **Gateway: The Star Gate:** In the fabric of creation there are pathways that the consciousness can take to experience other worlds, places and times. If you have chosen the Star Gate, these worlds are calling to you to travel enthusiastically with endless curiosity from what is familiar into the unknown. The Star Gate systems are much like vacuum systems that will carry you effortlessly and rapidly into worlds unknown. Be aware of those you may meet along the way. They may not look like you but no matter what their language, you will understand. Whatever your direction, remain within the light.

Contrary: You tend to remain way too grounded; perhaps fearing your true power or the

perceived responsibility that you think you will have if you use your giftedness. Remember that it is always your journey, you are in control, and there is nothing to fear except your own misgivings.

18. **Gateway: Form and Function:** In all of creation there is energy that is unformed, light or dark that waits to become some form of reality. You have the power to call in those energies in order to create whatever reality you desire. Whether that reality involves physical aspects or those that are intangible, they are yours to create.

Contrary: By drawing this card perhaps you have become stuck in the perception that what you have, what you experience, is all that there is. Look up from your limitations. Know that anything and everything is at your beckon call.

19. **Gateway: Manifestation:** Every particulate that makes up creation is a living being, an individual consciousness formed from the most basic forms of light. When directed, the particulates organize into reality. Manifestation only happens when the energy moving around the particulates directs a new reality. If you have drawn this card you are learning that your intentions are the directive energy for creating whatever you desire. Fueled by your passion those new realities come quickly and easily as long as you focus on the outcome and never the process.

Contrary: In drawing this card you may have forgotten that you have the power to create anything you desire. Stop looking to others to make it happen. Your reality begins with you.

20. **Gateway: The Portal:** In every reality there are doorways to other dimensions. These doorways open and close with the natural rhythm of creation. When they are open they can be entered with ease, but once entered, they don't always lead to the same destination. By drawing this card you are about to embark into the unknown and a direction that you never considered. Remember that that direction can change without notice but that in those changes is the perfection of the rhythm of all creation.

Contrary: If you have drawn this card you have refused to see the opportunities that have

been presented to you. You cannot enter a room if you don't walk through the door. Nor can you exit to higher ground in the heat of a battle when you don't know it is there. There are always doors open if you are willing to identify them and choose to go through.

21. **Gateway: Creation:** The Gateway of Creation teaches the experienter the entire how's and whys of the cosmic processes. The Meta-sciences, the very basic principals of consciousness and reality are through this gateway. There is no illusion here and what you seek to learn is within your grasp. There are no admission fees for entering this gate except undiluted humility and an absent need to know. Once inside of this powerful portal you can realize that you are the Creator and the Multiverses are your palate. What is your desire?

Contrary: Perhaps you have felt stuck, as if nothing you mean to create comes to life. If this is so, it is time to let go of your ego's need to achieve or accomplish anything and let your true power of creation forward. Truly creating reality requires purity of perception, lack of preconception or expectation and a pure intention to make it happen. Your resistance has caused the current situation because you expected a specific outcome. What if you commanded the creative process without fear of failure? Then you would do nothing but succeed because failure could not possibly exist.

22. **Conception:** Nothing ever is created without first imagining that it is possible. If you have drawn this card you are on the brink of a massive creative process that will lead you to new and different experiences in your life. Let your imagination run rampant. There is nothing you cannot conceive of toward it becoming reality. Literally taken, if you desire a child in your life, open your heart and the ethereal doors for the new soul who will be your child will open. Or perhaps they already have?

Contrary: You have lost your way to imagining fresh and new experiences in your journey. When you were a child, whatever you imagined was instantly real, if only in your pretending but then you grew up and perhaps became disillusioned. To imagine now requires your innocence and allows for the fullness of creation to meet you front and center once you have conceived your desires

The Minor Arcana of the Living Light

1. **The Body: Future:** Your body is preprogrammed with an intricate set of instructions to be what it is. But you can change that. What is it that you mean to create in your physical appearance, how you feel, how your body responds to your commands? The first step to creating your future body is to accept the one you have now unconditionally. Once you are comfortable in your own skin, the rest is easy.

Contrary: You are not at ease in or with yourself. Perhaps you choose to diet all of the time, or do not choose to dance freely because you are embarrassed or might be seen. Take a moment to embrace the body your spirit has chosen. Feel the inner workings that are you. Communicate to your body that you are grateful for its service.

2. **The Body: History:** You and your body have been through a lot and yet it has served you throughout your life. What has malfunctioned has generally healed or is in the process of healing. Do not see your illnesses or differentness of abilities as negative issues or worse, your identity. Let yourself shine, for it is the spirit within that is the truth of your being.

Contrary: You are mired in your past injuries and they have become part of your identity limiting you in every aspect of your physical experience. Like the serpent, you must shed all old perceptions and allow a regenerated body to come forth.

3. **The Body: Present:** This card represents oneness of the body with your mind and spirit. Can you feel it? Close your eyes. Sense your spirit. Feel your body. Are they connected, or do you see your body as a foreigner, separate from you? See that you and your body are gently connected, communicating as one, no matter what experiences you might have had before. Ask your body to become harmonized with you.

Contrary: Your physical aspect remains an obstacle. You and your body are continually at war with each other; you wishing it were something that it is not, your body only doing as you ask. Resistance to the body does not serve you or it. Expand your spirit until it has filled you and you can no longer tell the difference.

4. **The Body: The Crown:** Your crown is the entry point for cosmic energies to enter your system, to regenerate you, communicate with you, to cleanse and nourish you. That energy is light. If you have drawn this card, your crown is open to receive whatever energy and therefore information you desire. Reach into the infinite for what is needed.

Contrary: You spend too much time mentally cycling over and over what might have been, what is and what could be. When you do this you do not hear the gentle guidance that is yours to have in every given moment. Be still and listen.

5. **The Body: The Third Eye:** Your third eye is the portal to all of your other selves and into the corridors of the infinite. This area of your body is also where people often find their

resistance to all things outside of the current reality. Sometimes the third eye becomes active and people become frightened. Know that to allow the unfolding of your otherworldly gifts is to embrace the wisdom of the ages. But first you must go there.

Contrary: You are concerned about what kind of responsibilities you might have if you accept your gifts. Further, you are afraid of being seen as if being who you are would put you on the ultimate stage. Know that everyone has the ability to look beyond the current reality, to learn, to know and even to remember far more that is learned upon your earth. There is nothing required of you at all except to be that which you are.

6. **The Body: The Throat:** The throat represents issues of trust, control, trauma and one's feelings of safety to speak their inner truth. It is one of the first places to become dysfunctional in the energy field in response to your emotions. In this situation you have a good grasp of what needs to be said, and your emotions are very near the surface. Let them free, speak your heart, and know that whoever has caused you pain in the past or present did so from their own selfish place of being and that truly it never really was about you, just something someone thought you had.

Contrary: You hide your feelings to your detriment. When feelings are withheld their energy becomes dense, possibly causing illness to the physical in the future. If you have drawn this card in the contrary position you must be heard, even if the thought of saying your peace frightens you. Remember that the message is always dependant upon the messenger. How you say what you need to say has everything to do with how well or accurately you are heard.

7. **The Body: The Heart:** Your heart is the center from which all of your giving and receiving flows. It is the center of your body as well as your energy system from which passion fuels every intention that you have. Do not defend your heart when you are unsure. Let it decide for itself. Leap spontaneously into each moment with your heart wide open and absolutely no expectations. Doing this will allow for constancy of flow to and from your heart in every instance.

Contrary: You tend to be emotionally defended. Your emotional guard is up lest you be discovered for who you really are. The problem is that you are the only one who doesn't truly believe in your perfection. What you hide from others is a natural part of being human. It does not put you at risk; only your perceptions do that.

8. **The Body: The Solar Plexus:** The solar plexus is relative to issues of relationship, creativity and self-expression. It is the area of your body where the energies of others enter the scope of your energy field. This vital part of your body is also where the energies of the above (cosmic) and the below (the earth) are mixed and distributed throughout your body. It is the brain of your energy system, gauging what you need and when and where you need it as well as how much energy is required. Drawing this card speaks of your expressiveness and ability to maintain balance even when you do not think there is any. Remember that you do not ever need to accept what you do not want into your energy field. That may include the energies of other people, places or even the environment.

Contrary: You are highly sensitive to the energies of others, of places and in your environment. Instead of rising to your power you tend to shrink into the background perhaps with the excuse that you feel too much. The truth is that maybe you don't want to feel so much because feeling seems unsafe. Open yourself to the completeness of the river that flows through you. Once you have done that, the sensitivity will balance and your internal comfort will never again be a primary thought.

9. **The Body: Center of Self Perception:** Also known as the second Chakra this powerful center of energy represents how you see yourself and how you believe others see you. You have a solid base of strength from which to operate, a deep sense of self that allows you to move forward even when you aren't sure of the question. Believe in that power.

Contrary: You may perceive yourself based upon the opinions of others. The problem with this is that everyone perceives only from their frame of reference that was developed as a result of their personal experiences. How they perceive their own experience has everything to do with how they see yours. Trust yourself.

10. **The Body: The Root:** This is your true foundation, whether or not you feel as if you fit in any group or with a single individual. It is your sense of safety and the source of your courage for this is where your basis of operating as a human being begins. To draw this card means that you are firm in your convictions and do not mind reaching deeply for more resources when you feel as if you are at your wit's end.

Contrary: You have always felt that you wanted to go home but yet you can't quite remember where home is. Stop looking for where you are not and notice where you are. Here. Now. Know that nothing ever happens outside of now and that cosmically speaking nothing ever comes your way that you haven't first created. Some part of you has craved for the current circumstances. Reach deeply. The answers are there.

11. **The Body: Center (Dan Jun)** This place in your body is an aperture of energy that is fed by a spiral of energy that communicates to you your cosmic lineage. It is a portal into the past. It is a control mechanism for your breath and your energy to expand and intensify in power. It is a release point that can be utilized at will. If you have drawn this card it calls to you to find the power of your center, to draw upon that power from a place not of chaos but of stillness, for in your stillness your power is born. Take stock of your situation before moving into action.

Contrary: You often tend to feel powerless and this situation is no different. What is different is your willingness to consider other possibilities, or actions. You must know that your powerless lies not in the world around you but in how you see yourself. For once, tell yourself the truth. You are a powerful and mighty being of creation that is an integral part of the One. There is nothing you cannot do.

12. **Resistance:** Whatever the current situation you have met it with resistance. That resistance is a message for you. Either you are out of truth with yourself or inherently you

know that this situation has no positive end. Listen to your resistance it doesn't lie.

Contrary: You tend to ignore the signals that your body and your intuition give you. You often forge ahead blissfully unaware that you are about to crash into a wall. Look up. Notice everything that is happening in and around you. Sometimes resistance is the key to avoiding what you never wanted in the first place.

13. **Separation:** You have drawn this card because you are in the process of our about to experience separation in a profound way. This may be separation from a loved one, an ideal or even a belief. Whatever it is remember that when people and situations leave us openings occur that bring to us exactly what is perfect for that next now.

Contrary: There is an old saying that "Everything I ever let go of was full of claw marks". In this now that expression fits you to a tee. You don't like to let go of the past. In fact you carry it around as an excuse for why things aren't working for you now. The truth is that as soon as you let go of what was, what is will come barreling into your reality and you might actually like it.

14. **Surrender:** Literally speaking, to surrender means to show weakness or subservience to a force that is deemed more powerful than you. The true meaning of surrender is to let go of your reservations and perceptions that bring you to believe you are anything less than perfection. If you have drawn the surrender card today ask yourself how you are standing in your own way and then step aside.

Contrary: You will fight toward an outcome tooth and nail until exhausted or out of resources. That stubbornness and single-minded focus alleviate the possibility of any other from coming into your reality. It takes a great deal less energy to accept and deal with a situation than to fight it to its demise.

15. **The Body: Left hip:** In the physical realm the hips represent flexibility. They are the first to bend in order to take a step forward or backward. If you have drawn this card remember that willingness to change your path on a moment's notice can keep you from getting off track.

Contrary: You tend to become stubborn and unmoving when it comes to change. Mainly this is because you don't like what you don't know, and the unknown often feels unsafe. If you have received this card in a contrary position, it speaks to you of letting go of your fear of change, your control issues and learning to be more flexible.

16. **Density:** Density is the basis of formed matter. It also applies to your energy field. When you hold in your emotions and do not express yourself, your energies become dense and then stagnant. You begin to lose clarity of your natural guidance and therefore become more mentally oriented. What that occurs your ego becomes involved and more often than not you are misleading yourself with what you believe to be truth but is truly nothing more than skewed logic. Let yourself flow.

Contrary: Density in the contrary position indicates that you usually go with the flow, but warns you to check occasionally for resistance that could mire you down in untruth.

17. **Marriage:** The marriage card indicates partnership, whether it is a blending of love partners or the joining of two people in a concerted effort. If you have drawn the marriage card, you are about to embark on a new venture with another. Remember that each of you has perceptions that are yours alone and should only be taken that way. If you move into a partnership of any kind from a state of fullness rather than one of need, the two of you will only serve to enhance each other and your partnership can be a very successful one.

Contrary: The inverted Marriage card represents the possibility of a divided relationship. Perhaps even irreconcilable differences. What this card asks you to consider is if the reasons for separation outweigh the reasons for staying in the relationship. Often differences arise from taking personally the perceptions of another. If you feel it is truly over then let it be over. Finish it with your partner and in your heart, mind and soul. Sometimes relationships are not meant to be forever, but they always serve a purpose.

18. **Diligence:** Every aspect of your journey on this earth requires great care and attention. When you barrel forward not stopping along the way to notice and appreciate what is around you those things wither and fade. At the same time, diligence applies to self. Pay great attention to what is happening inside of you. Get to know yourself. What you really want, what you really need, and then tend to it.

Contrary: You tend to be scattered and lacking in focus. You don't really like dealing with details and often procrastinate. Remember that where your energy goes your power goes as well and that nothing scattered is a cohesive outcome, simply a lot of pieces that don't fit together. You will be much more successful with your endeavors when you learn to focus.

19. **Needful:** You are looking to others much of the time to fill your needs. These perceived needs are generally because you want attention, validation, to be noticed. You must realize that they others have nothing more inside of themselves than you do. To be needful is to deny the fact that every resource that you need is within you. No one else has what you need. Remember that you cannot recognize what you have not yet given to yourself.

Contrary: You are usually self sufficient, confident and secure in who you are. Don't stop now.

20. **Curiosity of Exploration:** Curious people have made every great discovery in our world. Some of our most precious moments also came to us from our curiosity...when we took time to look. Most of our most profound realizations come from asking questions. The Curiosity card reminds you to never stop asking, looking, sensing. Even when you think there isn't anymore to learn, there is always, always more just waiting for the moment you notice. Don't take things at face value.

Contrary: You often take things for what they are, not taking the time to notice the fullness of

the experience. Open your heart, your mind, and your eyes. Take time to ask, to experience, to explore everything that comes to you. It is there in the unnoticed that miracles lurk.

21. **Taking Part in the Journey:** Life doesn't come to us while we sit around and wait. We need to act. Act on behalf of everything that we intend to create. Act upon our perceptions and intuitions. When we do, the pathways to our greatest desires open with a direct route to take us there. Taking part in the journey simply said is that we have to pray and move our feet.

Contrary: You often leave things up to others. Sometimes you feel stuck as if life is going right by your window, just out of reach. Sometimes you wonder where the time went and when you think back you are disappointed that your hopes and dreams seem to be passing you by. Now is the time to stand up, step in any direction and see where it leads you.

22. **The Innocence of a Child:** There was a time when you looked at everything with fresh eyes and captured every moment as if it were a great treasure. And in that time, you remembered how to pretend that you were the hero or the rock star, the genius or the mighty explorer. Then you became a responsible adult, setting aside your childish ways. But that child, still within you, craves to come out, to laugh, explore and to be emotionally unabashed. Stop editing your inner child and let him or her out to play.

Contrary: You have become so enmeshed in your responsibilities that you have forgotten to live your life as a fully and emotionally nourished being of creation. You have set aside happiness for the adult version of life and this often stresses you, but you keep doing it in order to succeed, to impress, to be a success. Let yourself come out of the adult illusion and back into the life that had so many possibilities that you never bothered to count them.

23. **The Power Within:** If you have drawn this card, you have a vast reservoir of power seething just below the surface from which you can accomplish anything and everything. Sometimes you doubt yourself. Don't. The power is inherently yours, provided and supplied by the very heart of creation, and all you must do to tap in is say two little words: "I Accept".

Contrary: You have trouble believing in the power of you. You look to others for strength and validation, seemingly giving your power away. When you deny your inherent abilities others begin to take advantage of you, sometimes even disrespecting you because if you can't respect yourself, why should they? Believe in you. Once you do so will everyone else.

24. **Harmony:** Every aspect of creation from its most basic particulate to its most intricate manifestation is harmonized within the One. The more complex the organism the greater the harmony. Harmony has many facets. One of them is how our lives are balanced. Another is how we respond to our experiences. Every aspect of our being must come into full harmony with the One or we become disharmonic, out of balance and later, even physically ill. Where in your life do you feel out of balance? Coming into harmony is as easy as making the choices that will take you there.

Contrary: If you have drawn the Harmony card in a contrary position it is calling you to get back into balance. Parts of your life are not serving you and in fact are draining your

resources. Shed what no longer serves and allow the gentle balance within the harmony of the One to fill you until you overflow and that harmony touches everything around you.

25. The Conscious Observer: People taking things personally cause nearly all of the everyday drama and trauma that we experience or witness. We must remember that each of us perceives from our individual frame of reference, which is developed by our past experiences, our needs, desires, opinions and even judgments. Being the conscious observer calls for you to see things as they truly are, to realize that the only one who is having your experience is you, to look thoughtfully at everything that happens and to see it beyond all of the drama and trauma all the way to the truth.

Contrary: You are easily led into situations involving conflicts of personality. You often focus your attention on the lives of others trying to learn from them even emulating them at times. Look again at what attracts you. You are fooling yourself. See things as they truly are and let yourself believe that instead.

26. Everything from Nothing: The truth is that nothingness doesn't exist and everything does. Whatever you mean to create will organize out of the heart of creation as soon as the command to do so is made by you and fueled by your passion. The resources for your direction are endless.

Contrary: By the time that things come to you neatly tied in a little bow you have forgotten the basics. Things and stuff can never fill you. The heart of creation resides in every particle of your being. Don't be afraid to call upon the forces of manifestation so that that which is required for the journey of your soul comes easily and with grace.

27. Flexibility: Flexibility has to do not only with the body, but also with perceptions and beliefs. When we can get past the idea of right and wrong and allow ourselves to consider other points of view we offer ourselves the opportunity to grow and change. If you have drawn this card today, you have learned to bend easily when necessary and know intuitively when the tide has shifted and it is time to change direction. The caution for you is not to get too comfortable in your perceptions because even though you have learned to be flexible the skill is easily forgotten when emotions are high.

Contrary: Your stubborn streak is alive and well and is causing you angst. Let go of what is familiar and consider that there are always more solutions to the question than are obvious. Look beyond the apparent and allow yourself to consider what may not have yet occurred to you.

28. Silence: More often than not, wisdom is found in silence. Silence is where the most profound guidance is found. When we are silent we are no longer filled with words or thoughts but instead have provided a great void that awaits the answers creation has to provide. Sometimes the answers are not found in words but the internal realization that an action or even nothing at all is the perfect response to our situation.

Contrary: If you have chosen this card in the contrary position you often become fearful in

your decision making process. Will you choose the right thing to do? How will others feel about your decisions and what if you make a mistake? There are no mistakes only opportunities to choose again. With this fear approach situations in your life with the need to fill them with words, reasons, even excuses for why things aren't working for you. The guidance you seek has already arrived within you and now is the time to be still and listen so that you will know without a doubt what your next steps will be and whatever you choose will be perfect in this now.

29. Reaching into the Unknown: We are much more comfortable living within the boundaries of what is familiar to us. Even when the familiar is not what we want we know what to expect, so we stay in that place because it seems easier than making choices that would lead us into unknown territory. The most difficult time is when we know we need to make a different choice but are afraid of its outcome. This card encourages you to choose outside of your comfortable discomfort. To stretch yourself beyond the edge, to go boldly into the uncertain. Once you do, the relief will be immeasurable and the excitement of your now journey will catapult you into what is next.

Contrary: You most often choose the safe way out of any uncomfortable situation and usually at your own expense. The expense of your comfort, security or even your happiness. Because of this life has become a predictable rut and perhaps you even feel trapped. Making the choice to choose differently can be difficult but ultimately it is the most freeing thing you can do for yourself in this now.

30. Spontaneity: When we were children we didn't stop to think about what was next. We only did what was now. As we grow and mature the idea of responsibility or the consequences of our actions get in the way of our playful spontaneity. When we struggle over whether or not we should do something the moment for its doing becomes lost in the analysis and soon the opportunity is gone. Or, we find ourselves in situations where our feet are frozen but secretly inside of us we want to participate, but we just can't seem to step outside of our self imposed limitations. If you have received this card today it reminds you to act on the moment without editing yourself.

Contrary: You tend to be the proverbial wallflower, watching, wishing and dreaming that is was you up there on the world stage. The only thing stopping you is you. When you don't act you miss the moments you wanted most. Breathe deeply and go for it. If you don't you will never know, always regret and infinitely wonder what life would have been like if...

31. Complexities: Often life seems so complex that it seems insurmountable and we become overwhelmed. What we must remember is that all complexity is comprised of nothing more than a string of simplicities that have become entangled. To overcome this, deal with each simplicity as if it were the only challenge and before you know it the complexity is gone and you are free.

Contrary: You often become mired in life, not being able to see past the immensity of what it brings. You feel stuck, unchallenged, bored even. There are always options for something different. If this card has chosen you in this now, it challenges you to look up from your sense

of impossibility to realize that nothing is impossible, it is all simple when you look from every angle and you are the creator of whatever experience you desire. Go for it.

32. **In this Now:** Nothing ever happens outside of now. What has been and what has not yet been is merely imagined or speculated. Because of that it is important to always remain in the current moment. There, you will begin to notice all of the tiny miracles that happen along the way and the signposts that will lead you gently from one moment to the next in the amazing journey of life.

Contrary: You have an incredible propensity to hold onto things that happen in the past or to worry about what might happen in the future. Doing these things is only you allowing your fears to run your show. Let go of the need to know. Let go of the tendency to carry baggage that weights you down. Let go and let life.

33. **What has Been:** You have lived a multitude of lives, each with their lessons and joys. The point is that you have been there done that. The question is what did you learn from your experiences, and have you learned that that is all they were, experiences? The past holds all of the information of everything that has ever happened in creation up to this now. Instead of regretting it, wishing it had been different, look to the tools the past provides that can assure you the now and the future you so desire.

Contrary: If this card has come to you in a contrary position perhaps you bounce from one life experience to the next without really seeing the value that each has brought to you. Also, it is a good possibility that you are living in patterns, attracting the same situations over and over again with different people and different places but the same issues over and over again. Take time to identify the patterns in your life and when you see them coming up again, make different choices toward their outcome. When you do, the patterns will stop and your path will make sense.

34. **Inflexibility:** You tend to believe that you are in control, often unbending in your methods of creation, and the outcomes that are driven by your expectations encumber you. Your expectations are impossibilities because no one else truly knows what you want. It is entirely your entire secret. Relax. Let life show you what is possible and let everyone else off the hook. They can't satisfy you when they don't have a clue what you want.

Contrary: Inverted this card speaks of your willingness to go with the flow, to let the challenges of life flow past you freely. Remember though that each challenge brings you more possibilities, more challenges. Don't miss out.

35. **Welcome to the Light:** Within each of us resides the true trinity. That which is us as an individual, that which is creation and that which is the combination of creation and us. Within each of us is the light of our source and that light carries the wisdom and information of the infinite. When we intentionally rejoin that part of ourselves which is perfection we become immersed in the light of all that has even been and can use that light to create anything that we could possibly imagine. The symbol on this card reminds you that you are never alone and that the memories of all time are at your disposal.

Contrary: You often feel that you are alone, aside from all others, and from there you tend to try and force life to bend around you. Things don't work out very well that way. Living intentionally means to live from within the One, not at it by considering that all of the resources you will ever need are built within your very being and then going forth from the perspective that every energy that you expend, every word, every thought and even every movement affect not only you, but also the entirety of all creation.

36. **As it has Always Been:** There is nothing new in this world or even in creation. There is constancy inherent within all that is. To flow willingly within that constancy, adding your experiences to the entirety is your true destiny. Knowing this, we can also realize that the choices we make have been made before. Therefore, we can bear not the burden of guilt but of the fact that the choosing was ours and that the outcome was totally dependent upon our intentions. In our singular choosing is the continuity of creation choosing and learning from its own free will.

Contrary: Your resistance to the ebb and flow of situations in life brings chaos to your experience regularly. By your very resistance you take the stance that you are separate from the river of life. As the Hopi would tell you, trying to hang onto the sides of the river will likely assure you of drowning. To survive the flow and to make it work for you is to allow yourself to be carried easily toward the unknown destination.

37. **Joy:** This card brings your awareness to the outcome of any situation which you have observed, participated in, found satisfaction (or not) that touched your heart in such a way that your heart swelled with fullness. Joy is a celebration of life and all of its experiences. It is the opening of the heart, the flow of life lit up with happiness in such a way that the body responds by moving that joy through the physical, into the emotional and into the spiritual then back to its original source all in the flash of a now. This card requests you to let your joy be free for in it is the heart of your inner child, celebrating the innocence of life and all its perfection.

Contrary: Inverted, this card asks you to look at how reserved you have become in times when you could be otherwise freely expressing your innermost feelings. You have become reserved, taking the safe road through life, hiding your enthusiasm and not cheering or celebrating yourself the way you could. Release the bonds of reservation and let yourself laugh a deep long belly laugh at the silliness that there was ever anything to hide at all.

38. **The Master's Staff:** This card asks you to consider your own Mastery: A Master has accepted him or herself as who and what they are. A Master has humbly accepted his or her assignments within their journey with no strings attached, no what ifs and no looking back to the past. A Master embodies the Living Truth with no drama, no trauma, in every moment that they are. A Master embodies personal integrity. This doesn't mean how honest we are in the world, but how honest we are with ourselves. Self-deception is one of the greatest causes of fear. We can tell if we are in personal integrity if how we feel on the inside matches what we experience on the outside. A Master not only has learned to give, but to receive, having given him or herself value of equal measure across the board. A Master embodies love instead of

practicing it as an ideal or an idea. A Master is able to find compassion for everyone including him or herself. A Master is everything that a Master teaches and is always aware that there is more to learn. A Master knows no comparison of experience. Each is on a perfect path to what his or her soul seeks.

A Master embraces all that he or she is faced with without fear, instead, with a full heart and of his or her wholeness. A Master sleeps well at night, knowing that he or she has done their very best in any given situation throughout the day and that's all her or she could have done. A Master Knows there are no mistakes, only opportunities to change direction or to learn something, and then rather than beating him or herself up for it, can laugh at the humanity of it and go on to the next thing without dragging what was behind them. A Master looks to no one for approval, but is open to everyone to share what he or she has and accepting to new avenues of thought and the wisdom others have gained. After all, we all have a piece of the puzzle. A Master basks not in ego, but in humility and wonder at the scope of the infinite. A Master never feels as if he or she has learned it all because that is impossible except as a body of Light when we are encompassed within the light of the source. A Master carries that Light everywhere he or she goes without judgment or attachment to outcome, after all, once it is shared, it will grow according to the choices others make. A Master goes with the flow, allowing him or herself to regenerate, honoring that which he or she needs to be at their peak potential, for if one is truly within the flow, one gets as much as one gives.

A Master needs no words such as these to convey the simplicity of the apparent complexity of what is. It just is. A Master is love, on Earth and everywhere beyond.

Contrary: What most often keeps you from your personal sense of Mastery that you have not yet found a way to see the perfection in your self. Know that you are a powerful and mighty being of creation destined only by your willingness to recognize that value and then to choose willingly in every moment what you can do with your newfound power. True power is not that which is aggressive. It is of gentleness and Grace. The first step to Mastery is the willingness to step ahead of the pack from one's own sense of self, not what you believe others want you to me.

39. **It is Not to Control:** When we want to believe the world around us is a safe predictable place we act by trying to control everything around us. What we often don't realize is that control is an illusion, a mental act made either consciously or sub-consciously that attempts by our direction to assure that the outcome would meet our personal expectations. Often hand in hand with control comes anger. Anger because the results may not be what we had in mind. Expectation are a sure set up to get only what we imagined or less because there is no room in that creative process for anything else to occur. The anger comes from frustration and the frustration from feeling lack of control. Control is a sure fire way to stay disappointed and also a way to feel more and more insignificant as time goes on. If you drew this card today, look and see if you can identify how you are attempting to control your experiences. Once found you can begin to trust that things will work out as they are meant to be and that you don't ever have to force anything to happen. If it is truth, the event will happen anyway. If it is not truth, perhaps that particular thing not working out is the highest and best outcome.

Contrary: This card inverted is a gift to your self. You have begun to realize that there is no control and that allowing life to unfold as it will based upon the intentions you have set forth is enough to keep things rolling. Congratulate yourself on a job well done.

40. **As Above So Below:** Whether we realize it or not all things are created of us and we are created of all things. What is cosmic in nature in how creation is formed, how it works continually regenerating itself and the reality that comes from that creative process is not only outside of us but inside of us too. The very light from which we are created shines not only in some nebulous place that we can't necessarily see or hear or touch, but also inside of each of us. When we truly tap into to our source, what we find is part of us that we had not yet discovered, patiently listening, waiting for us to connect. When we allow ourselves the freedom to reconnect with that perfect part of us our journeys become seamless experiences that are filled with truth and occur with grace and ease. Drawing this card in this now reminds you that you are the divine married to humanity in an infinite expression of the One.

Contrary: You have been shutting yourself off from what comes to you naturally by believing that you are separate from all others. In that separateness comes endless struggle, the sense of a need to force creation to do your bidding. Instead, know that you are intricately interwoven into the fabric of creation, literally holding a space there. Without you creation could not exist for you are its lynch pin and it is the fuel for your existence.

41. **The Quiet Within:** There is a place at your very core where stillness lies and in which the chaos of your world can never enter. This place is yours and yours alone. Your secret place. The place of your soul's regeneration. The place where the light within you is most brilliant and the darkness cannot breach. That place is within you always, awaiting your arrival. There, in that tiny place inside of you are the answers to the questions of eons and the knowledge of everything that has ever been. To find this place requires silence, stillness, and never needing to know anything. If you have found this card in your hands today it reminds you to take the time to really know how you feel, what you want, and even what you really need. The answers may surprise you.

Contrary: You are constantly on the run, never landing long enough to understand your true feelings or to honestly assess the situations your life has drawn to you. Sometimes constant motion serves to keep difficult emotions away but you will have to rest sometime. Learn to be still. To reflect inward. To give yourself the opportunity to experience the profound quiet that lies within you. Doing so is a journey you will never regret.

42. **The Before Times:** In all of creation there have been many beginnings. Creation, destruction, creation, life civilization, destruction, an endless array of events that have lead to rebirth and the demise of the world as it was known then. The records of every cycle are stored within the very light from which you are created. Events that seem momentous or insurmountable in everyday life are small in comparison. This card reminds you to keep things into perspective in each moment, to assess your value system and ascertain what is really important. To trust what you know, even thought you may not remember how you know it. To trust that all has a divine time and that in this now you are living yours. How can anything be

so perfect? The wisdom of the ages is at your disposal.

Contrary: Do not think for a moment that what is happening in your life right now hasn't happened before or will never happen again. The ancients have left roadmaps for you to consider and those maps are part of the wiring that is in your make-up. You are hardwired to everything that ever was and yet you begin to feel that what is happening to you is the only time it has ever occurred and that nothing could possibly affect you more. Think again. It has been, whatever it is, it could be again, and you are only as affected as you choose to be.

43. **The Ripple Effect:** The energy of every breath we take, every word we say, thought we have and movement we make continues to move outward until at some point in time it returns to us. We never know the long or short-term effect of our actions, how we have affected another or others, but we have. We may never know that our smile to a perfect stranger saved her life that day, or that a word we said to another changed the entire direction of their life. We may never cognitively realize that the energy we expended came back to us exponentially as a challenge or reward. The ripple effect is real. Its results magnified in the power of infinite momentum. This card in your spread today reminds you to be mindful of the long-term effects of everything and anything that you may do.

Contrary: Perhaps you haven't noticed or thought to care about the full consequences of your actions. The rebel in you still thinks things are all about you. Take a careful look at your rebellious nature and ask yourself whom it is you are really fighting. Once you have found the answer you can make peace with the need to do so and begin to live more intentionally.

44. **Complacency:** It is easy to become set in our ways, comfortable with the predictable, even lax in our response to life in general. When we become too comfortable we are also unchallenged. Complacency seeps into our days slowly, undetected and unseen, filling every crevice of our being. We must remain alert and aware of when we become so content that we don't notice anything else around us. If you have drawn this card today it is asking you to be more aware of everyone and everything around you. There is something you are missing.

Contrary: You tend to be hyper-aware, noticing everyone and everything around you. You take in way too much information most of which is not applicable to your own journey. This card drawn in a contrary position asks you to evaluate what is truly important and even how all of those tiny little observations affect you at any given time. After all, every observation takes energy, and when that energy is expended it is used, gone back to where it originated. Work toward directing your energy in a more focused manner so that your focus can bring you clearer results.

45. **The Seal:** This is one of the most powerful symbols combinations. The seal represents completions that will never be revisited because the situation is complete in every way. The Seal is like a lock of all time and space being applied to a situation. Nothing breaks this Seal. Ever. In a way, The Seal is like a promise, a gift of words that indicates an action or completion of an act. It is an infinite commitment, the final scroll in a story that you have told or has been told to you. Receiving this card in this now says that in this now it is time for you to finish things. Whatever they are and with whomever they are. Do not let what you haven't

finished become the regrets of tomorrow. When using a healing spread, The Seal is a powerful stabilizer for closure of repairs that have been instilled into an energy field. Use this card only when you are certain that the repair is complete, harmony is established and there is nothing left for you to do in that area.

Contrary: This card dealt in the contrary position is indicative of things left unfinished. Unfinished business tends to leave us regretful long after the time to deal with whatever it is has expired. If there are things that haunt you from the past, that you have long felt were never finalized, take a moment or two or more if necessary and consider what it is about those situations that you have avoided. Usually when we can find the reason for our avoidance and acknowledge it we are well on our way to higher ground.

46. **The Body: Mid Back:** The mid back is our point of flexibility between the upper and lower body. It is where we hold unacknowledged feelings of failure and responsibility. At the same time this area of the body is the rear of the solar plexus, the exchange point between the above and the below. It speaks of relationship, creativity and self-expression. This card asks you to consider your clarity. Are you on target with yourself or are you feeling thick and heavy from hiding your true feelings from yourself? Are you compromising too much or have you found balance between your cosmic self and your very human being? Only you know the honest answer to these questions.

Contrary: Unseen things can connect with your energy here, stealing your vitality, misdirecting you along your way. Take stock on where in your life you are losing energy, address what you have found and remember that flexibility is one of the keys to success no matter what kind the endeavor.

47. **The Body: Small of Back:** The small of your back and its functioning have everything to do with your sense of responsibility. When your low back is strong and healthy you are handling your responsibilities and your perception of them in a strong and healthy manner.

Contrary: When the small of your back is in pain or becomes injured, your responsibilities or your perceptions of them are getting the best of you. Chances are this is because you choose to do everything yourself, never trusting that others can do things nearly as well as you can. Learn to delegate. Let others become responsible for themselves.

48. **The Body: Kidneys:** Our kidneys are one of our major processing centers. They remove toxins from our bodies as well as excess fluids. Without our kidneys our bodies quickly become toxic and all other systems begin to shut down. This card drawn now reminds you to fully process your experiences. Feel your emotions, have them clear your thoughts, and form your opinions, your values, and your perceptions. But remember above all else, your emotions, thoughts, feelings, everything are yours and yours alone. You cannot expect to instill upon another that which you wouldn't first keep for yourself.

Contrary: Drawn in the contrary position This card tells you that you are not allowing your emotions to fully process and that sometimes you become so stagnant of unprocessed emotion that you find it hard to function on some days at all. Let your emotions flow. Let yourself

acknowledge and process whatever comes your way. Remember that you cannot ever lose or give away anything that you have not first fully owned.

49. **The Body: Right Hand:** Your right hand is the hand with which you give. Imagine that it is constantly reaching out, offering some part of you or your experience as its gift. When you do not learn to receive as easily as you give, soon you run out of resources for anyone including yourself. Remember not to give yourself away.

Contrary: Perhaps you hesitate to give because to do so would leave you open to rejection. Being in the flow requires both giving and receiving. One cannot be in balance without the other. Begin to set yourself free by allowing yourself to share with others what is in your heart.

50. **The Body: The Left Hand:** Your left hand denotes receiving. Can you receive gracefully, knowing that you fully deserve whatever gifts life has to offer, or do you resist receiving, believing that you are unworthy, invalid or undeserving? Learning to receive does not make you greedy, only responsible in the journey of self-balance. To give only robs other potential givers of the same pleasure in giving to you as you had giving to them. Keep the balance between what you give and what you receive. When you do, your resources are unlimited.

Contrary: Receiving means admission of value. It also means to accept one's grace with ease. If you have received this card in its contrary position, you are being asked to remember that to be in balance with the eternal flow of creation, you must remember to allow yourself to receive as easily as you give. Don't give yourself away.

51. **Trinity of Light:** When speaking of the light there are always three parts. We are of the light, with the light and within the light. Speaking of our selves in relation to the light in this way is an irrevocable truth. Beginning anything an ending it as well with the powerful invocation that we are of the light with the light and within the light acknowledges the perfection within us, our source and the combination of the two together. This symbol in combination with the Welcome to the Light card is a powerful validation that the light within you is awakening and that your spiritual journey is about to skyrocket into infinite territories. Remember in it all to be light of spirit and unafraid of your journey.

Contrary: There is nothing of any kind contrary to the trinity of light. This card should be read the same way no matter which way it presents in the spread.

52. **The Body: Left Foot Arch:** The feet represent our willingness to step forward into situations that are new to us, unknown in their content or effect. Often right about the time something new comes up in our life we injure our foot or ankle. If you have pulled the Left Foot Arch card today it reminds you that new situations and events in your life bring expansion to every aspect of your awareness. Whatever you do, don't resist what comes.

Contrary: Your resistance keeps you stuck in place and often feeling as if life is passing you

by but you don't know why. Open yourself to the possibilities that what you do not know is the perfect place to begin to live from an entirely new and different perspective.

53. **The Body: Right Foot Arch:** The feet represent our willingness to step forward into situations that are new to us, unknown in their content or effect. Often right about the time something new comes up in our life we injure our foot or ankle. If you have pulled the right foot arch today, you are being asked to consider your perceptions about a situation that is new or different in your life. You may be resisting the change but more importantly you may be crashing into it from an aggressive standpoint. Remember that any situation needs finesse especially when you aren't sure if it will work out or not.

Contrary: Your resistance keeps you stuck in place and often feeling as if life is passing you by but you don't know why. Open yourself to the possibilities that what you do not know is the perfect place to begin to live from an entirely new and different perspective.

54. **The Body: Right Hip:** In the physical realm the hips represent flexibility. They are the first to bend in order to take a step forward or backward. The Right Hip in particular represents flexibility when dealing from our historic aspects. Our history can either save us a lot of future grief or it can weigh us down indefinitely. Know that your flexibility as it relates from your past is the key to a happy and unencumbered future.

Contrary: You tend to become stubborn and unmoving when it comes to change. Mainly this is because you don't like what you don't know, and the unknown often feels unsafe. If you have received this card in a contrary position, it speaks to you of letting go of your fear of change, your control issues and learning to be more flexible.

55. **The Body: Wing Points:** Energetically there are points on both sides of our back that become reactive anytime anyone or anything is out of truth. We begin to hold tension there. Moreover, when we are very sensitive one of the first places in our body to respond are the wing points. Our wing points affect our reach, our balance, our attention and even our ability to tread lightly in our own shoes. The wing points are not always active and are only activated upon unconditional acceptance of our selves. When we can accept ourselves without reservation or judgment our energetic harmonization moves through great changes in vibration and our wing points open. This card drawn in this now asks you to consider if you are ready to accept yourself not from a mental place, but from a depth of heart that is infinite in its love.

Contrary: Self-acceptance is not your forte. You are highly sensitive and often cannot seem to realize that isn't everyone else who is affecting you but your lack of skill regarding your sensitivities. Learn to become a conscious observer so that you can know whether what you are feeling is yours or belongs to others.

56. **Courage Amongst Change:** Often we don't change unless some invisible force shakes us out of our comfort zone and propels us into the unknown. When this happens, often we resist, kicking and screaming the whole way. By our resistance we create roadblocks where there were none, difficulties where there could have been ease, and often our fear of the new and different leaves us stuck in the mundane. If you have drawn Courage Amongst Change, you are being put on notice that great changes are coming into your experience and to allow

yourself to flow through them with grace and ease. Know that even when there are unknowns, creation always knows and will never steer you wrong. Ride the wave of change like the true warrior that you are!

Contrary: Your resistance is getting the better of you. Would you prefer to stay in comfortable discomfort or reach into the light for all that it has to offer. If you have drawn this card in the contrary position, give yourself an honest appraisal of where your resistance is coming from and let go. You are safe, you have everything that you need and creation knows where you are going because on some level you have already sent out a call for the very change that has come!

Suggested Layouts to Use for Divination or Advice

The symbols used in this deck are initiations, full libraries of information. Their face value is only the beginning of what they have to tell you. When using the Living Light Cards, take a minute to breathe and let your inner balance fall into place. Expand your heart space and let the energy of your heart flow across your chest, into your arms and out your hands. Use the energy in your hands to initialize the cards for your personal use. Believe it or not, the symbols will recognize you and your energy. They will begin to interact with you before you deal the first card.

Remember that yours is the ultimate guidance. The Living Light Cards can be used as tools to assist you in finding issues that are holding you back or the concepts that are favorable in any situation. The interpretations in this booklet are basic. Let your guidance tell you the fullness of each card. For everyone who uses them, different information will come depending upon what is needed from each library. Use caution not to interpret the cards too literally for to define them too closely is to diminish the full effects of the truth they carry. Also remember that sometimes the greatest information is in what the cards don't say directly but what they bring your attention to.

There are multiple layouts below from the simple one card reading to more complex ones. Each layout is based upon sacred geometry. Why? Because it is there we find the very basis of all creation and manifestation.

When not using your cards, it is a good idea to keep them separate from other energy oriented items such as crystals, symbols, other items of divination and so on. The symbols are pure energy and can affect or may be affected by everything around them. Most of all have fun and remember that you are light.

Using the Card Layouts

Readings: There are several types of readings ranging from a single card draw to more complex and intricately laid spreads. We will look at each in detail:

Daily Guidance:

Choose a card of the day for general guidance.



Quick Reading: The Pyramid Layout

When time is a factor or you just want a quick take on a situation or decision that needs to be made, the overlying issues can be found at a glance by using the Pyramid layout. The Pyramid is the most basic building block of creation; it is consciousness in its most basic organized form.

Lay the cards as numbered and then read and interpret them in the same order. The cards are as follows:

Card 1: The current issue – What you are really seeking guidance about. The chosen may not seem clear at first until you look at your true motivation for the question.

Card 2: The History Affecting the Outcome – What is your past experience and how does that continue to effect the outcomes of your challenges even today?

Card 3: The Potential Outcome – Based upon the issues of the other two cards your outcome will have everything to do with the symbol or symbols on this card. The results are not a yes or no but powerful suggestions to consider in your decision making process.

Star

Tetrahedron

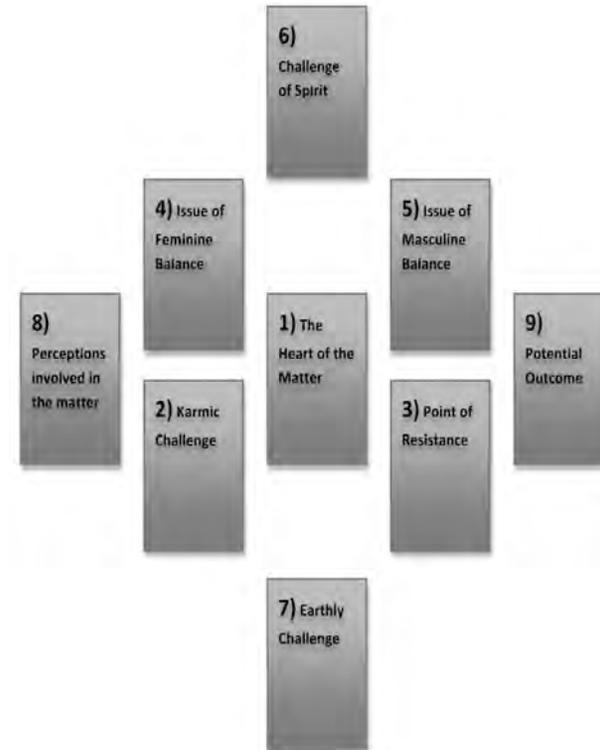
Reading



The Star Tetrahedron Reading

This layout is formatted upon the footprint of the Star Tetrahedron. The Star Tetrahedron forms the true trinity with the upright 4-sided pyramid representing you as a consciousness, the inverted pyramid representing creation and at the heart of the star tetrahedron, and a sphere of energy that forms that is the same frequency as the light of creation. This combination is the true trinity, you, creation and the combination of you and creation. This is the most powerful combination of sacred geometry and the intentions that are put into this layout must be clear and of pure intention. Lay the cards out according to the diagram to build the star tetrahedron in a balanced manner.

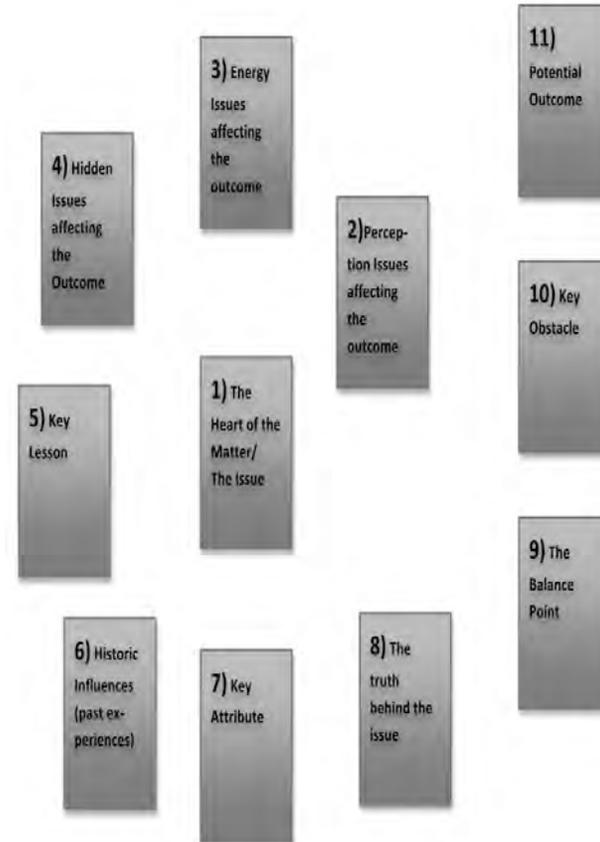
- 1. The Heart of the Matter** – This is the basis of your query.
- 2. Karmic Challenge** – What Karmic influences are at work affecting the outcome of your query.
- 3. Point of Resistance** – This is your point of resistance to the outcome.
- 4. Issue of Feminine Balance** – We often fight with the balance of our male and female sides. We all have them. This is the issue of the feminine side.
- 5. Issue of Masculine Balance** - We often fight with the balance of our male and female sides. We all have them. This is the issue of the male side.
- 6. Challenge of Spirit** - Our more cosmic challenge. This is a challenge on the soul level.
- 7. Earthly Challenge** – The part of our human aspect that calls for attention regarding the outcome.
- 8. Perceptions Involved in the Matter** – Underlying perceptions that can influence the matter in either a positive or negative manner. Often these are subconscious in nature and we are unaware of them.
- 9. Potential Outcome** – The most likely outcome based upon this now and all prevailing influences.



The Spiral Reading

The Spiral Reading is based upon the true form of movement of all energy. Energy travels in spirals, and as it does, the energy within the spiral moves through every possible frequency before it is used up, only to be recreated immediately as part of yet another spiral motion. Using the spiral format for reading the symbols utilizes the energy of the symbols in their true form of movement. The spiral is actually infinite in its reach, but we will be using eleven cards for the purpose of this layout. Lay the cards out as per the diagram below. Here are the meanings of each position:

- 1. The Heart of the Matter** – This is the true basis of your query.
- 2. Perceptions and Issues Affecting the Matter** – What is underlying that presents either assistance or resistance to the question at hand.
- 3. Energy Issues Affecting the Outcome** – What may be resident in the energy field that affects the outcome of the query. This can be overcome.
- 4. Hidden Issues Affecting the Outcome** – Core issues that may affect the outcome.
- 5. Key Lesson** – Of everything that presents in this layout, the key lesson is the one most likely to create expansion of the outcome or bring it to a halt. Even if the lesson seems negative, as long as the lesson is learned, the outcome can still be magnificent.
- 6. Historic Influences** – What in your past continues to influence you?
- 7. Key Attribute** – This is the second of the keys in this spread. It speaks of your strong point relating to the outcome.
- 8. The Truth Behind the Issue** – Sometimes we look at questions only from face value but often under the surface are important issues we do not see.
- 9. The Balance Point** – Harnessing the energies of this card will assist you in bringing balance toward the outcome you desire.
- 10. Key Obstacle** – The third key of this spread. This obstacle can completely block the outcome or, if dealt with, understood and taken fully to heart, can be your greatest ally.
- 11. Potential Outcome** – The most likely outcome based upon the energies contained within this spread.

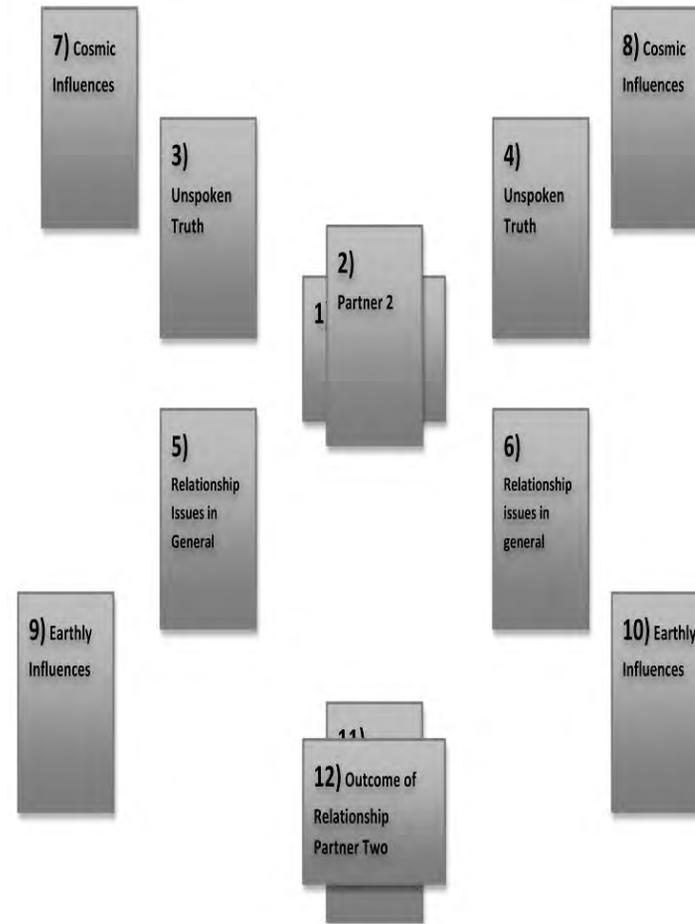


The Relationship Spread

This layout signifies balance between two people and the issues that may be affecting their relationship as well as the outcome of their partnership. This spread can be used for all types of relationships whether they are marriages, love relations, family or friendships. This spread can be helpful to open communications in any relationship. The left side relates to Partner One, the right side relates to Partner two. The two cards in the center are the issues relating to the joining of the two people as individuals in their relationship. When using this spread, some of the cards are laid sideways. If the top of the card is to the left, it is considered upright. If the top of the card is to the right it is considered contrary.

Here are the meanings of each position:

- 1. Partner One** – This card represents Partner Number One
- 2. Partner Two** – This card represents Partner Number Two
- 3. Unspoken Truth (Partner one)** – A truth that has been hidden from self that influences the relationships of this person.
- 4. Unspoken Truth (Partner Two)** – A truth that has been hidden from self that influences the relationships of this person.
- 5. Relationship issues in general (Partner One)** Energy within the field and experience of this partner, which contributes to the outcomes of their relationships.
- 6. Relationship issues in general (Partner Two)** Energy within the field and experience of this partner, which contributes to the outcomes of their relationships.
- 7. Cosmic Influences** – On a soul level, these influences bring much bearing on one's choice of partner as well as the dynamics within that relationship.
- 8. Cosmic Influences** – On a soul level, these influences bring much bearing on one's choice of partner as well as the dynamics within that relationship.
- 9. Earthly influences (Partner One)** – Influences within the experience of the current life that come forward into the relationships of this person.
- 10. Earthly Influences (Partner Two)** – Influences within the experience of the current life that come forward into the relationships of this person.
- 11. Outcome of Relationship: Partner 1 Coming together (Should be read combined with card # 12)** The potential outcome relative to the energy of the cards in the spread.
- 12. Outcome of Relationship: Partner 2 Coming together (Should be read combined with card # 11)** The potential outcome relative to the energy of the cards in the spread.

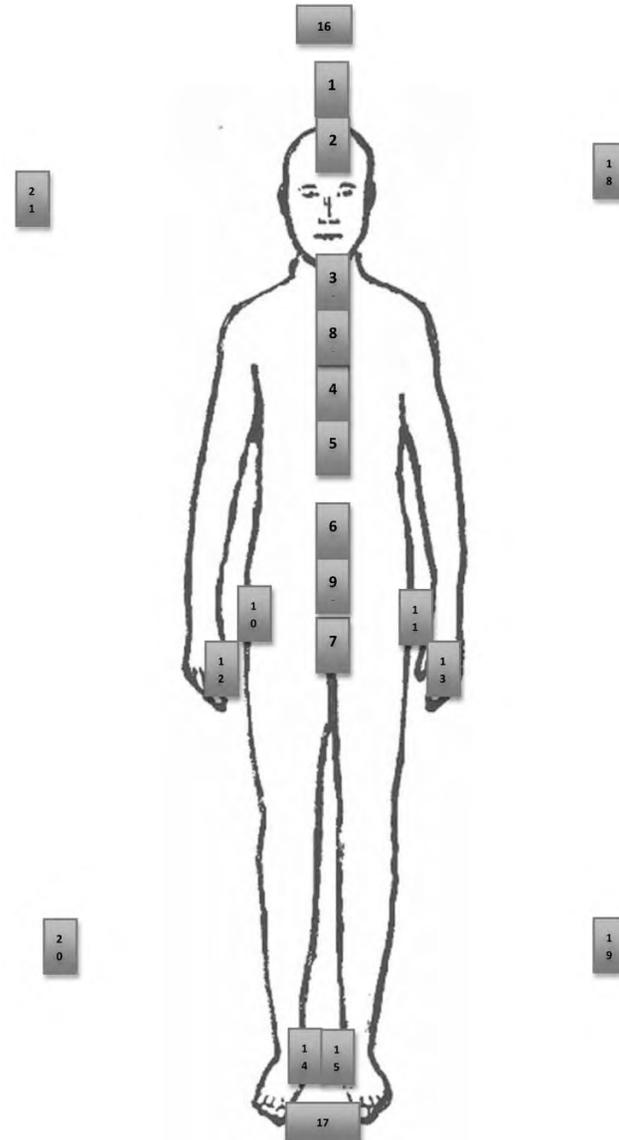


Harmonizing the Body (Front View):

Quick reprogramming and universal harmony can be brought to a subtle energy system by laying the cards upon the body in the order shown on the diagram below. It is important to remember that the symbols on the cards are entire libraries of information that will be conveyed so no extra information or intention needs to be provided for this exercise.

The symbols work quickly harmonizing with each other as they are laid out but once the last card is set out it is a great idea to give the recipient about 15 minutes to let the harmonization fully set in. The cards should all be laid out in an upright position. For this layout you do not want to have contrary positions of the cards.

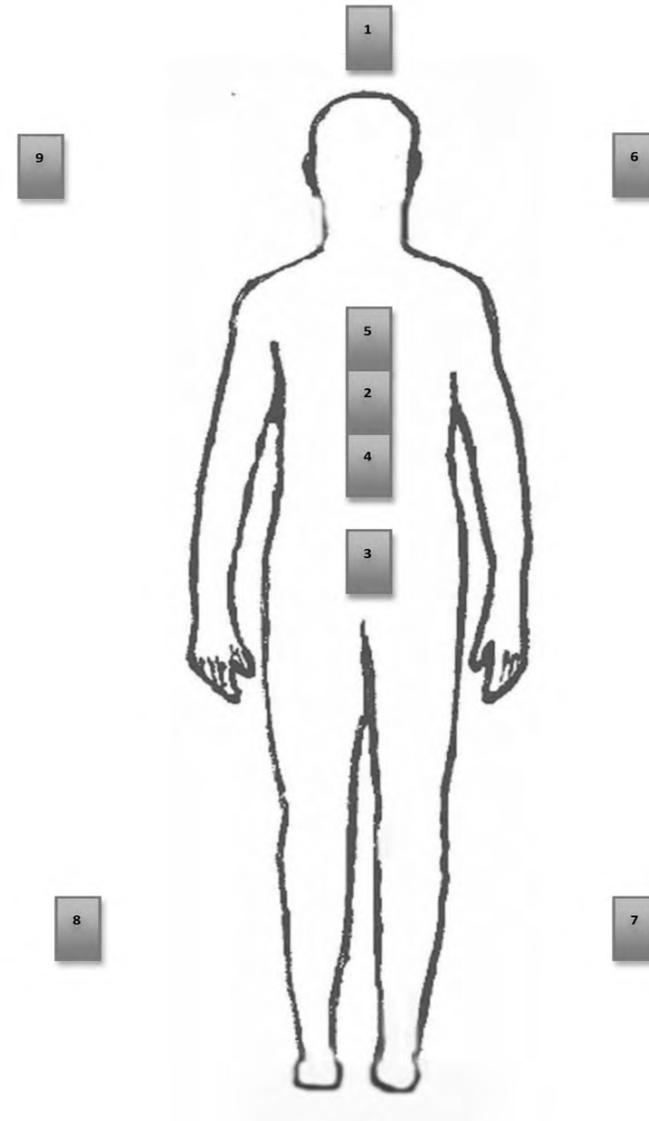
1. The Crown (card #4)
2. The Third Eye (card # 5)
3. The Throat (card # 6)
4. The Heart (card # 7)
5. The Solar Plexus (card # 8)
6. The Second Chakra (Card # 9)
7. The First Chakra (card #10)
8. The High Heart (Card # 40 As Above so Below)
9. The Body Center (Dan Jun) (Card # 11)
10. Right Hip (Card # 54)
11. Left hip (Card # 15)
12. Right Hand (Card # 49)
13. Left Hand (Card # 50)
14. Right Foot (Card # 53)
15. Left Foot (Card # 52)
16. The Body Future (Card # 1)
17. The Body Present (Card # 3)
18. Beginning (Major Arcana # 1)
19. Co creation (Major Arcana # 5)
20. Assimilation (Major Arcana # 7)
21. Wisdom in the Whole (Major Arcana # 2)



Harmonizing the Body (Back Side)

Further fine-tuning harmonization can be added to the backside of the body if you wish. Lay the cards down in the order below as per the diagram. Give the person another 15 minutes to experience the symbols before removing them.

1. The Body History (Card # 2)
2. The Body Mid Back (Card # 46)
3. The Body Small of Back (Card # 47)
4. The Kidneys (Card # 48)
5. The Wing Points (Card # 55)
6. In This Now (Card # 32)
7. The Quiet Within (Card # 42)
8. As it has Always Been (Card # 36)
9. Harmony (Card # 24)



About the Author:



Meg Blackburn Losey, Ph.D. is the Bestselling Author of *The Secret History of Consciousness*, *Ancient Keys to Our Future Survival*, as well as other books including the internationally bestselling *The Children of Now*.

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